



BBQ Sloppy Joes - American Food

Ingredients List:

- 500 gr. **ground beef** (Carne Moida)
- 1/4 cup chopped **onions** (Cebola)
- 1 **red pepper**, chopped (Pimentao vermelho)
- 2 **carrots**, shredded (Cenoura)
- 1/2 cup **Barbecue Sauce** (Molho Barbecue)
- 1/2 cup **Cheddar Cheese** (Cheddar Cremoso)
- **Hamburger buns** (Pao de hamburger peq.)

OR



Burritos Quesarito - Mexican Food

Ingredients List:

FOR THE BEEF

- 500 gr. **ground beef** (Carne Moida)
- 1 pck. **Burritos Seasoning** (Tempero para burritos)

FOR THE CILANTRO-LIME RICE

- 1 cup. **cooked white rice** (Arroz Branco)
- 1 tbsp. **lime juice** (Suco de limao)
- 2 tbsp. chopped **cilantro** (Coentro)
- 1 tbsp. **paprika** (Paprica)

FOR QUESARITO ASSEMBLY

- 1 pck. **Flour tortillas** (Tortilhas de farinha ou Rap10)
- Shredded **Cheddar Cheese** (Queijo Cheddar solido)
- 1/2 cup **sour cream** (Crème azedo)
- Lettuce (Alface)